



## LEVEL 1 ADULT RATES

### UNLIMITED MEMBERSHIP

Includes the following...



Contract	Monthly Rate	Cost per Class
3 month	\$180	\$6
6 month	\$145	\$5
12 month*	\$120	\$4

Save \$35 a month

Save \$60 a month

### 12 Month Unlimited Membership Benefits\*

Functional Movement Screening *\$300 value* • 1 Hour of Personal Training Every 3 Months <sup>1</sup>  
 10% Off All SFH Supplements • 20% Off All Apparel • Chiropractic Care Package <sup>2</sup>

### LIMITED MEMBERSHIPS

Includes 3 foundations classes

Contract	3 DAY PER WEEK		2 DAY PER WEEK	
	Monthly Rate	Cost per Class	Monthly Rate	Cost per Class
3 month	\$150	\$12	\$130	\$16
6 month	\$130	\$11	\$110	\$14

**Special notes:** <sup>1</sup>These do not roll over year to year. <sup>2</sup>Includes one adjustment per month. "Cost per Class" calculations are estimates and are based on the assumption that you will attend the number of classes specified in that membership per month. **Payment Terms & Activation Date:** The first month of membership must be paid prior to the first foundations class. The activation date will be the date of the first foundations class. **Cancellation Policy:** All of the above memberships are contractual and cannot be canceled before the full term of the membership, except in the case of medical issues with valid documentation or change of address. All contracts can be put on hold for any reason for a max hold period of three (3) months.